



Fundraising Guide



NET
Patient
Foundation

Supporting the Neuroendocrine Cancer Community



Andy has been fundraising for NET Patient Foundation since his mum was diagnosed with a Neuroendocrine Cancer in 2014.

With help from his friends, he has raised nearly £10,000 for NPF.



I didn't know anything about this type of cancer, and I reached out to the charity to learn more and start to raise money.

Sadly my mum passed away in 2015, and I wanted to help by getting information about NETs out there. It took my mum almost 2 years from the first symptoms to being diagnosed, and it opened my eyes that this could happen to anyone, even someone who was young, fit and healthy.

I don't want anyone to be in the same position.

Since 2014 I have been partaking in a number of "mud runs" with a band of easily persuaded friends. I hope to continue in the future to do whatever I can to get NPF and NETs the funding and coverage they deserve.

NET Patient Foundation

NET Patient Foundation (NPF) is the only charity in the UK solely dedicated to providing support and information to people affected by Neuroendocrine Cancer.

Our purpose is to support and inform patients and families from diagnosis, enabling access to the best care and treatment, whilst stimulating NET research, increasing national awareness and influencing improvements in outcomes.



How do we help?

From diagnosis, throughout treatment and beyond, our team and our services are here to offer guidance, support, education and information to anyone affected by a Neuroendocrine Cancer.

We are here every step of the way - whether it's over the phone, on our website or a chat in person.



Why support us?

We rely on the generosity and kindness of people like you to continue supporting the Neuroendocrine Cancer community.

There are over 4,000 people diagnosed with Neuroendocrine Cancer each year in the UK, and it costs us around £1,000 to provide all of our support services to one patient for one year. We want to be there for more patients and their loved ones - so we know we need to do more, but we can't do this alone!

Your donations, no matter how big or small, will help us to be there for more people affected by Neuroendocrine Cancer. Your amazing fundraising will help us to get one step closer to reaching our vision of world in which people know how to recognise, diagnose, treat, care for, and ultimately cure patients with Neuroendocrine Cancer.

Thank you so much for your support.



Thank you for supporting NET Patient Foundation

Fundraising is an opportunity to set yourself a challenge, go on an adventure or just do something silly for money! Whatever your idea, make sure it's something you'll enjoy doing.

There are so many ways to raise funds for NPF and whether you run a marathon, shave off your eyebrows, skydive or organise a coffee morning, it's important you have fun. Your enthusiasm will be infectious!

Top Tips:

Tell everyone

Make sure as many people as possible know about your event! Take to social media to spread the word.

Match your donation

Ask your employers about match funding or whether they can make a donation towards your fundraising.

Let us help you

We have lots of materials, ideas and suggestions to help you along the way. We're always happy to have a chat.

Call us on
01926 883487

Have fun!

It's your time to do something amazing for the Neuroendocrine Cancer community!

Have a great time and thank you from everyone at NPF

Get together

Ask friends and family to support you, whether by helping with some of the planning or taking part with you.

Gift Aid it

Asking people to add Gift Aid to a donation means we can claim an extra 25% a no extra cost to them.

They just need to be a UK taxpayer.

Get off to a flying start!

We're here to help make your fundraising as successful as possible!

We have a range of free materials to help support your activity such as; t-shirts, running vests, posters, leaflets and collection tins.

Visit our website to fill out our fundraising registration form and we'll pop everything you need in the post to you www.netpatientfoundation.org

Shout about it

- Tell people why you're doing your event and how the money they give will help others.

Make the most of email by simply adding a link to your online fundraising page to your email signature.

- Contact your local media:

Make a list of newspapers, radio and TV stations that cover your local area and find out their contact details.

Then start telling them about what you're doing!

- Use social media:

Facebook and Twitter are great ways to let people know about your fundraising. Post on Facebook, tweet about it and always include a link to your online fundraising page.

We're always happy to promote your fundraising through our NPF social media accounts:

 [netpatientfoundation](https://www.facebook.com/netpatientfoundation)

 [netpatientfound](https://twitter.com/netpatientfound)

 [netpatientfoundation](https://www.instagram.com/netpatientfoundation)

Online fundraising

You probably have an idea of how much money you'd like to raise. Online fundraising makes it really quick and easy to raise money and keep on top of how much you have raised. Set up your page as early as possible and share it with as many people as possible.

The two most popular sites are JustGiving and Virgin Money Giving - you can find out our top tips for online fundraising on the next page.

We can also provide you with sponsorship and Gift Aid forms for cash donations.

Boost your online fundraising

Here are a few of our top tips about how to make a successful online fundraising page:

Set a fundraising target and keep increasing it!

Pages with targets generally raise significantly more than pages without one.

Tell people why you're fundraising for NPF and why it is important to you

Add a picture of yourself or the person that inspired you to take on your event to make your page more personal.

Reach as many people as possible

Email or WhatsApp a link to your page to all your contacts.

Update your page...

...and let everyone know how you're doing. Share your updates on social media too.

Thank everyone!

Post a thank you message on social media, this will inspire others to donate too.

Keep it legal and safe



Fundraising is all about having fun but there are also laws and legislations involved which we all need to follow. Please take time to have a look at this checklist and if you have any questions then give us a call on **01926 883487**.

First Aid

You can get advise about what type of First Aid you might need at your event by contacting a professional medical company:

St John's Ambulance - www.sja.or.uk

The British Red Cross - www.redcross.org.uk

Food hygiene

Find out more about guidelines for preparing, handing and cooking food by contacting the **Food Standards Agency** - www.food.gov.uk

Licenses

Some events such as; raffles, lotteries and public money collections require a license. Contact your local authority to check which licences you will need.

Children at your event

Make sure children are properly looked after and have permission to take part from a parent or guardian. Adults looking after children should have carried out appropriate checks.

Data protection

Make sure any electronic or paper records you keep about people involved in a fundraising event complies with the Data Protection Act. As a rule of thumb, don't keep information about people any longer than you have to and don't share information about someone without their permission.

How your support makes a difference

£5

Providing a newly diagnosed patient with reliable information they need to help them navigate their NET pathway.

£250

Will help us undertake policy work supporting the need for less common cancers to have a voice.

£20

Will help us provide patient materials to hospitals across the UK.

£500

Will allow us to provide ten professional counselling sessions to anyone affected by a NET.

£50

Will allow an NPF Nurse to provide information and support through the helpline.

£1000

Will support a patient education day to help patients increase their understanding of NETs.

£100

Will help towards in house research on unmet patient needs, quality of life issues and patient experience.



Thank you!

How to pay in your money

Thank you so much for fundraising for NET Patient Foundation.

There are three easy options to send in your money:

- 1 - You can send cheques made payable to **"NET Patient Foundation"** to:

NET Patient Foundation
Holly House
74 Upper Holly Walk
Leamington Spa
CV32 4JL

- 2 - Pay in your money online at **www.netpatientfoundation.org**

- 3 - Pay via your online fundraising page and then all donations will be sent to us directly.

- 4 - Make a bank transfer

Please contact us for our bank account details.

Please don't forget to tell us all about your event!

If you have any photographs, please email them to **hello@netpatientfoundation.org** - we'd love to see!







Paula took part in a duathlon in April 2017 and raised over £1,700 for NET Patient Foundation.

My dad means the world to me, he's the most supportive, loving and inspirational man I know.

In July 2016 dad was diagnosed with having a rare neuroendocrine paraganglioma.

Since dad was diagnosed he has remained so positive, keeping busy, active and helping out family and friends.

Dad has had fabulous support and treatment since he was diagnosed by all that he has come into contact with. This is why I wanted to do something to fundraise, to raise awareness and aid support for families that are dealing with these uncommon tumours.

I competed in a cross country duathlon (5km run - 13km cycle - 5km run) which was a lot harder than I thought and took me 2hr 33mins to complete. It was a very emotional finish with dad, mum and I crying but totally worth it.

Our vision is of a world in which people know how to recognise, diagnose, treat, care for, and ultimately, cure patients with Neuroendocrine Cancer.

Your time, support and commitment is helping us get one step closer to reaching our vision.

Thank you.

NET Patient Foundation

Holly House (2nd Floor)
74 Upper Holly Walk
Leamington Spa
CV32 4JL



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